



- C12** 4 cun above the navel, along the mid-line.
- GB20** This point is right under and against the base of the skull, in the two small muscular grooves at the back of the neck, two to three inches apart depending on the size of the head.
- GB25** At the waist on a "normal-waisted" person, along the sides of the body, nearly in line with the elbows on the lower border of your last rib.
- GB34** Slightly below the level of the bottom on the kneecap, on the outer side of the leg, in the slight depression formed when the knee is completely straight. Forward of a line to the crown of the outer ankle.
- K01** On the bottom of the foot, in the middle, just behind the ball (the most padded forward part).
- LI11** On the extreme end of the outer crease of the elbow. Bend your arm tightly and place your Acu-Ki on the end of the crease. Keep your massager in place while opening the arm and stimulate the point on your relaxed arm downward toward your forearm.
- LV02** On top of the foot slightly behind the separation between the biggest and the second toes.
- LV03** Two cun above the separation between the biggest and second toes, on the top side of the foot.
- LV13** On the side of the abdomen at the free end of the 11th floating rib.
- P08** Between the second and the third metacarpal bones of the hand, where the tip of the middle finger touches when the fist is clenched.
- P09** 0.1 Cun from the nail bed on the middle finger toward the thumb or at the midpoint of the tip of the middle finger. Whichever is sorest.
- SP06** The width of one hand (3 thumbs) above the crown of the inner ankle, just behind the shin bone on the front of the leg.
- ST09** 1.5 cun to the side of your adams apple on your throat.
- ST36** The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
- ST40** 8 cun below the knee cap and 1 cun behind the shin bone.
- UB15** 1.5 Cun from the spine midline, near the middle of the bony part of your shoulder blade (scapula). Lateral to the fifth thoracic vertebra. Easily stimulated with the Back-eze.