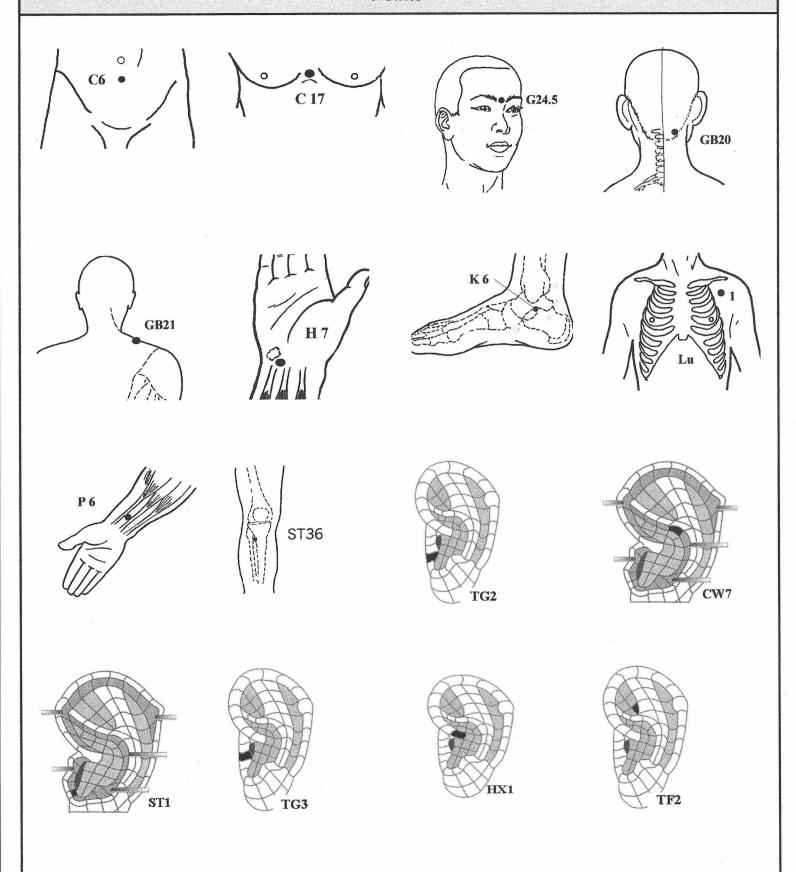
AcuPoint Analysis PTSD POST TRAMATIC STRESS

Points



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(DESCRIPTIONS)

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Point	Description
C06	1.5 Cun below the navel.
C17	In men, on the mid-line of the chest between the two nipples. In women, on the mid-line of the chest between the fourth and fifth ribs.
G24.5	On the centerline of the face between the two eyebrows. Where the bridge of the nose joins the forehead.
GB20	This point is right under and against the base of the skull, in the two small muscular grooves at the back of the neck, two to three inches apart depending on the size of the head.
GB21	On the top of the shoulder, one to two inches from the side of the neck.
H07	Palm facing you, on the wrist crease closest to the hand, in the hollow directly in line with the inside of the little finger.
K06	0.5 cun below the crown of the inner ankle.
LU01	On the outer part of the chest, the width of two thumbs above the armpit crease and the width of two thumbs inward.
P06	The width of two thumbs (2 Cun) above the most prominent crease on the inner wrist, in line with the middle finger.
ST36	The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
ETG02	Master point 7: Tranquilizer Point, Chinese Hypertension (High Blood Pressure) Point, Valium Analogue Point, Relaxation Point, Corpus Callosum. Located on the 2nd zone of the Tragus. This master point produces a general sedation effect, reducing blood pressure and muscle tension.
ECW07	THYMUS GLAND, THORACIC SYMPATHETIC GANGLIA
EST01	ACTH
ETG03	Master Point 6: Stress Control Point, Allergy Point, Chinese External Nose, Appetite Control (Hunger Point), Chinese Adrenal (Suprarenal) Gland, Corpus, Callosum. Located on the 3rd zone of the Tragus. This master point activates ACTH and corticosteroid hormones to facilitate the body's response to chronic stress.
EHX01	Master Point 0, Point of Support, Solar Plexus, Umbilical Cord, Penis, or Clitoris, Sexual Desire, Bosch Point, Diaphragm, Hiccups. Located in a notch at the beginning of the Helix Root. This point brings the whole body toward a state of homeostatic balance
ETF02	Master Point 1, (Shen Men), French Hip, Chinese Shen Men (Divine Gate), Pelvic Cavity, French Wonder Point. Located in the middle of the 2st zone of the Triangular Fossa. This master point alleviates pain, tension, anxiety, and depression.