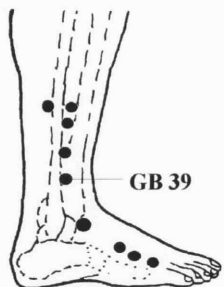


AcuPoint Analysis JOINT PAIN*

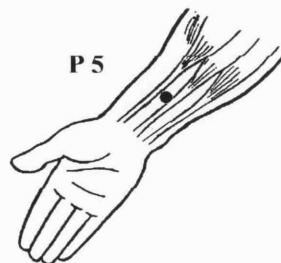
Points



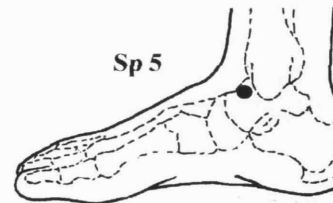
GB 39



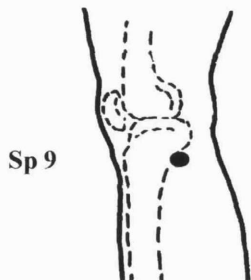
Lv 7



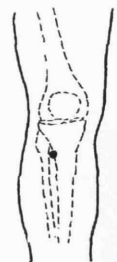
P 5



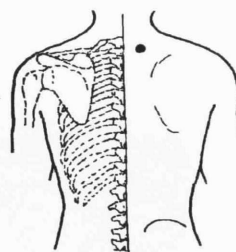
Sp 5



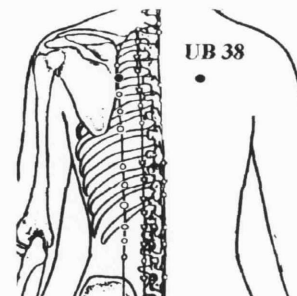
Sp 9



ST 36



UB 11



UB 38

- GB39** The width of one hand above and slightly forward of the crown of the outer ankle.
- LV07** On the inside of the knee, where the crease ends when the knee is bent, two cun below this point.
- P05** The width of three thumbs above the middle of the skin crease closest to the hand on the wrist in between the tendons of the forearm in line with the middle finger.
- SP05** 1 cun in front of the inner ankle bone crown.
- SP09** On the inner portion of the leg, just below the level of the kneecap, in the concave depression just above the calf, in line with the crown of the inner ankle.
- ST36** The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
- UB11** 1.5 Cun from the spine midline, 1 cun below a line level with the top of the shoulder blades. Easily stimulated with the Back-eze.
- UB38** 3 Cun from the spine midline, level with the fourth thoracic vertebra. Between the shoulder blade and the spine 4 cun below a line drawn between the tips of the shoulders.

JOINT PAIN*:

The points on the back are found and stimulated most easily with the Stressaway Backeze.