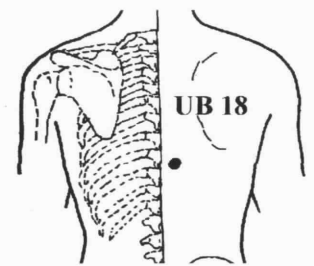
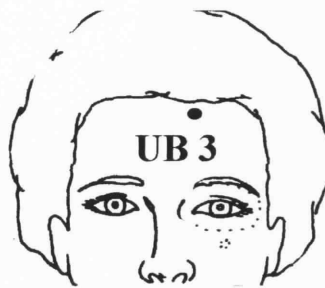
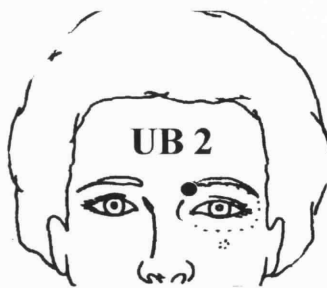
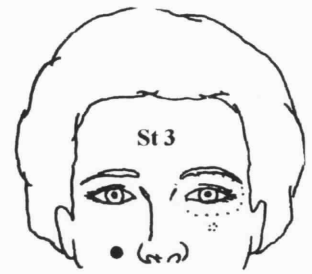
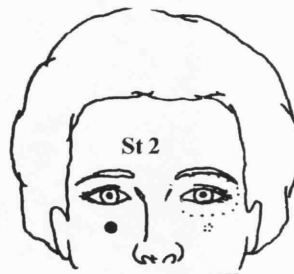
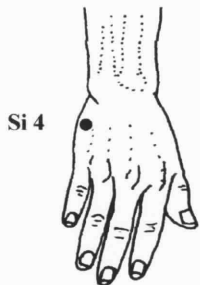
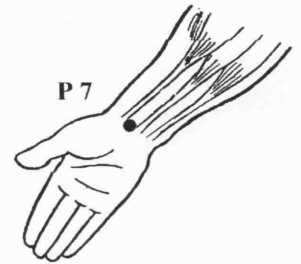
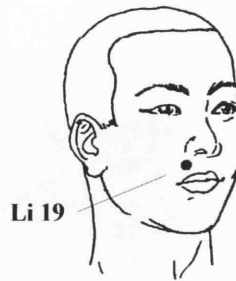
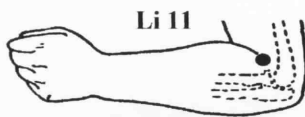
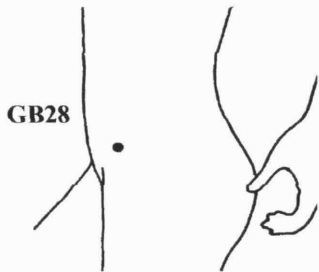
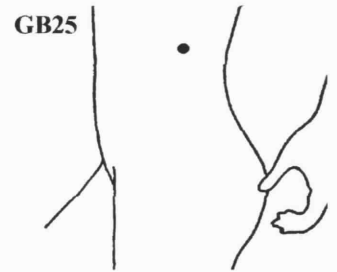
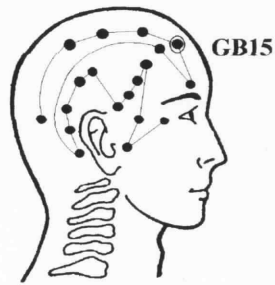
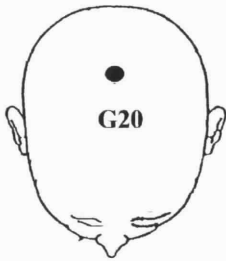


AcuPoint Analysis

EYE, DRY

Points



AcuPoint Analysis
EYE, DRY
(DESCRIPTIONS)

Point	Description
G20	On the midpoint of the skull on a line connecting the tops of the ears.
GB01	<i>This point is not as far back as the large hollow of the temple. It is 1/2 cun from the bony ridge at the corner of the eye.</i>
GB15	Directly above the iris of the eye, .05 cun within the hairline.
GB25	At the waist on a "normal-waisted" person, along the sides of the body, nearly in line with the elbows on the lower border of your last rib.
GB28	On the side of the lower belly, just below the head of the pelvis, which is known as the anterioriliac spine.
LI11	On the extreme end of the outer crease of the elbow. Bend your arm tightly and place your Acu-Ki on the end of the crease. Keep your massager in place while opening the arm and stimulate the point on your relaxed arm downward toward your forearm.
LI19	The width of one thumb from the face centerline, midway between the nose and the upper lip.
P07	On the most prominent crease of the inner wrist, in line with the middle finger.
SI04	On the outer edge of the hand just about on the first crease of the wrist. It is in the depression between the last bone of the hand and the bone in the wrist.
ST01	Below the center of the eye in the small hollow which can be felt in the (orbicular) bone or eye socket bone.
ST02	One-half thumb width below the center of the lower eye ridge in an indentation of the cheek.
ST03	At the bottom of the cheekbone, directly below the pupil of the eye.
UB01	<i>At the inner corner of the eye, very near and slightly above the tear duct; massage between the notch you feel above the eye in the skull and the tear duct.</i>
UB02	At the inner edge of the eyebrow.
UB03	Directly above the inner extremity of the eyebrow, 0.5 cun within the hairline. Easily found and stimulated with the Stressaway massager just by rolling in this area until you find a sore spot.
UB18	1.5 cun from the spine midline, on a level between the 9th and 10th thoracic vertebrae. 3 cun below the bottom edge of the shoulder blades.