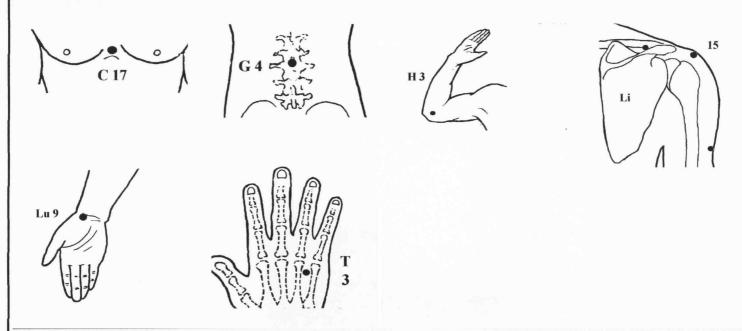
AcuPoint Analysis EXHAUSTION

Points



In men, on the mid-line of the chest between the two nipples. In women, on the mid-line of the chest between the fourth and fifth ribs.

On the spine atop the third lumbar vertebra, in line with the waist on a "normal-waisted" person.

H03 At the extreme end of the inner crease of the elbow. Bend the arm tightly and place the Acu-Ki at the extreme inner edge of the elbow crease formed. Relax your arm and begin the stimulation.

L115 At the point of the shoulders. Raise your arm slightly above the level of your shoulder and place your Acu-Ki in the forward most dimple; then keeping your Acu-Ki in the dimple, lower your arm and begin stimulation.

LU09 On the crease closest to the hand of the inner wrist, in line with the thumb.

T03 On the back of the hand behind the web of the fourth and the fifth finger and in a depression just behind the knuckle joints.