10 DAY



CHALLENGE

Get off your medications
for physical and emotional pain
Free internet training and support
15 minutes a day for 10 days
Average pain reduction is 78%
A $197 value for only $11.80
Accept the challenge to end your pain

My goal in this program is to give you the tools and information to quickly get permanent pain relief in the privacy of your own home.

The benefits you can expect are:

- **Lasting physical and emotional pain relief** in just a few days (usually in less than 10 days)
- **Learn natural methods** that can be applied to many conditions. (Over 4000 symptom formula)
- **Avoid surgery and get off the drugs** usually prescribed for pain.
- **Guaranteed results**. 95% of the people tested report some immediate benefits.

Commitments--You agree to:

- Stimulate pressure points for at least 15 minutes a day (while doing things like watching TV) for at least 10 days.
- View general internet training and specific webinars for your condition. The more knowledge and tools you have the better your results. (2 hours). Start with the webinar and your pain relief may begin in about 10 minutes. It is a challenge because it will require some effort on your part.
- Respond to email surveys.

Thousands are getting relief. These testimonials speak for themselves. There are hundreds of testimonials listed on our web site.



I have just spent $16,000 on my back problems. I've been off work 5 months. 95% of my pain was gone, in just a few minutes using this information. Unbelievable. Beverly Richardson, Danneville,Il

I crushed my knees 5 years ago in a truck accident. I have been on disability and in chronic pain. This is the first relief I have gotten since my accident. I am amazed. Leland Sanders, Asheville, NC

I had more relief in 10 minutes with these tools than a year of physical therapy three times a week from a car injury to my neck. Rachael Pyatt, Asheville, NC

I had the worst migraine headache attacks my doctor had ever seen. Nothing helped until I used the Acu-Ki tool. After 1 week my headaches never came back Three years now and still pain free. Thanks. Naomi Waller Huntsville, Al

Over 230,000 people use this program for healing.

You will heal quickest with four key factors:

1. An **acupressure tool** and e-book for stimulation of important acupressure points. $11.80 value
2. **Internet training** in all the key secrets that will make acupressure work for you. $97 value
3. **Webinars** giving you training to **find key points for over 120 condition** related to pain. $97 value
4. On going **internet support** to answer questions and improve positive results.

That's a $199 value for only $11.80 (Free 4 you)

The purchase of any item qualifies you to a free membership but you must subscribe below to activate your membership and learn how to use this tool and get the most from this purchase. Go to this free link for the above 4 items:
www.stopthepainchallenge.com/member.html

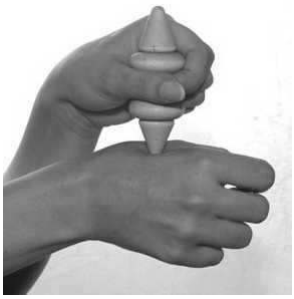
More detailed user friendly acupressure information and product catalogs are available at (www.stress-away.com) For educational purposes only. Always work with your doctor.

Monte Cunningham, 888-853-0646
monte@stress-away.com



Thanks for joining our healing journey.





Acu-Ki

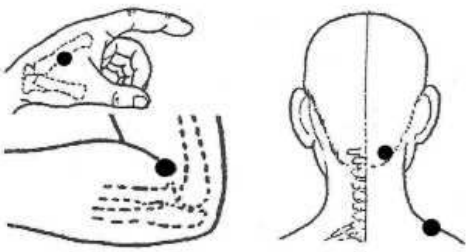
Deep Stimulation of Acupressure Points For Reduced Pain and Improved Health

Looking for more natural ways of dealing with health and pain problems. Acupressure is one of the oldest and safest healing methods known. Your **Acu-Ki** has a sharp and dull end for deep stimulation of acupressure points. These tools were designed specifically to stimulate healing points on the body. 43% of the people using these tool are pain free in 3 to 5 minutes.

Find the general area of the pressure point you are looking for and probe gently with the end you choose until you hit a spot that gives you a funny bone feeling or is very sore. Then press hard enough to make the point hurt. Hold the point until the pain goes away which is usually 30 to 60 seconds. You usually won't need to stimulate a point more than a minutes. Precautions and more information are found in the e-book and trainings that go with this tool on the internet.

These tools add to the growing number of effective tools that have been developed to stimulate acupressure points by Stressaway Acupressure. We feel the use of these simple tools are a cornerstone of why we get such good results. We need your help to document how well this works for you. Our studies show a 78% reduction in pain in 1 to 3 minutes for over 1100 people. We are currently duplicating this study to determine if people can do this on their own and that it has a lasting effect. Here is a sample of using the points for headaches.

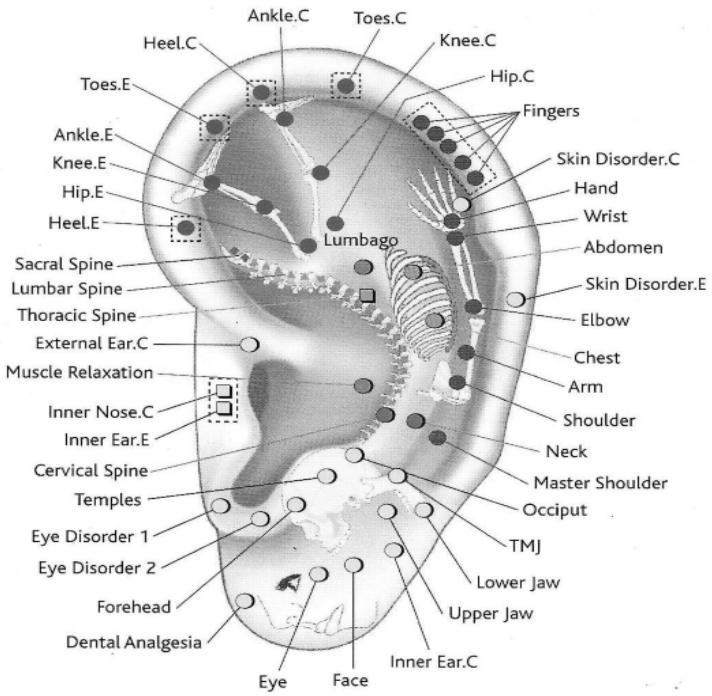
Headache, Neck and Shoulder Pain Relief



Previous studies conducted by Monte Cunningham at The Acu-Ki Institute have verified that these four acupressure points are important for relief. Sixty-five percent of the people studied were free of their headaches in less than five minutes using the Stressaway Acupressure System. It is best to stimulate the points in a particular order: Start with your hand, then try the elbow, then the shoulder, and finally, the points behind the head.

Explore the general area until you find the sore spot. Stimulate that point for 30 seconds to a minute, while sitting down. Work the points mostly on the side where you have a problem. Sometimes, however, you will need to work with both sides.The hand point is located on the back of the hand, between the thumb and index finger. Find the midpoint on the bone that connects the index finger to the wrist, and probe inward (toward the main body of the hand). The elbow point is at the extreme end of the elbow's outer crease. The shoulder point is on the top of the shoulder, one to two inches from the side of the neck. The last points are right under and against the base of the skull, in the two small muscular grooves at the back of the neck, about two to three inches apart (depending on the size of the head).

Pressure can be applied with your fingers, but our tools get better results. Sometimes one tool and these four points are enough to give complete relief. More difficult symptoms may require the use of our other low cost tools and reflexology points found in our internet trainings.



Stressaway Acupressure uses regular acupressure points plus points on the ear, hands and feet. Pressure on these miniature parts produces a healing response in the corresponding body part. For headaches find the head point on the lower part of the ear above and stimulate it.

Stressaway Acupressure Program Thank you for purchasing our acupressure tools. We have recently added information beneficial for your success with acupressure and we would like to keep you informed on the latest happenings. You will find five free links for a summary of acupressure, the latest version of "Acupressure Fundamentals"e-book with charts of the most important points for over 250 common conditions, and critical steps to getting the most from your treatments.

I get a 78% reduction in pain on average when I am working directly with a person. Here is the data http://www.stress-away.com/research%201148.html **This will change everything in our medical system if you can get similar results by using this program on the internet.** I will put everything that I know into these training materials.

Please help us document your results. Sometimes only a few points give complete healing. Other times repetition of treatment is needed. About 5% of people do not get good initial results. There are things we can do to help those people but I need everyone to become a member (free) and subscribe so I can keep track of what is working and help everyone get the best results possible. Sign up here **www.stopthepainchallenge.com/member.html**

I struggled for 20 years fighting pain from a high school football injury that the medical community said was incurable. I found a cure in a unique method of acupressure and I have shared these methods for more than 40 years. People get a 78% reduction of pain in about five minutes using this system. Members of the **Acupressure Co-Op** have access to ancient healing protocols used for more than four thousand conditions.

The World Health Organization lists covid conditions responsive to acupressure. More than 50 of the points related to this new deadly virus and other potential viruses' mutations in the future are in your manual.

THIS PROGRAM GIVES YOU:

- Covid-19 healing points.
- 26 webinars for common symptoms
- 12 CDs on stress reduction, habits and addiction
- Acupressure Co-Op membership
- 23 innovations valued at over $900.
- 3 ebooks on general Acupressure (460 pages)
- 4 specific ebooks **(540 pages) How to: Fight the Virus: Stop the Pain; Quit the Drugs: Survive Cancer**

Our past research is found here:
http://www.stress-away.com/Past.htm





We can fight this virus from the safety of our own homes in a few minutes a day

Acupressure has been used to fight more than 300 pandemics. With the new technology of the internet and cell phones, the average person can now use these old healing methods to fight covid-19. Join us to prevent the spread of this new virus and heal yourself and your loved ones.

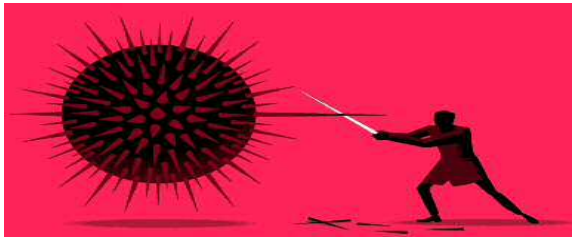
Our immune system's primary function is fighting off external pathogens that are constantly trying to invade our bodies. Acupuncturists have been treating flu-like symptoms (a virus) with success by building the immune system. We assume these successful (documented) protocols for flu and colds can fight the conoravirus.

The power of prevention is central to our whole approach. If I am preparing for a marathon, I strengthen the systems of my body important for that run or any game that I want too win. By stimulating our immune system with acupressure we are preparing to fight the invasion of any virus, including the covid-19 and any mutations. It's a simple idea and yet profound. Get the vaccine when you can. But don't just wait for a vaccine. **Do this now. Strengthen your natural resistance to disease.**

Can we

Fight the Virus

with Acupressure



How To Protect Yourself and Your Loved Ones from Colds, Flu and Covid-19

Acupressure has been used to fight pandemics for thousands of years. Stimulate these Points daily to build your immune system. Help us to make a more healthy society. We can heal ourselves

Join Our Grass Roots Revolution for Affordable Health Care

www.stress-away.com/order
study@stress-away.com
acupressurecoop.com

BOOST YOUR IMMUNE SYSTEM

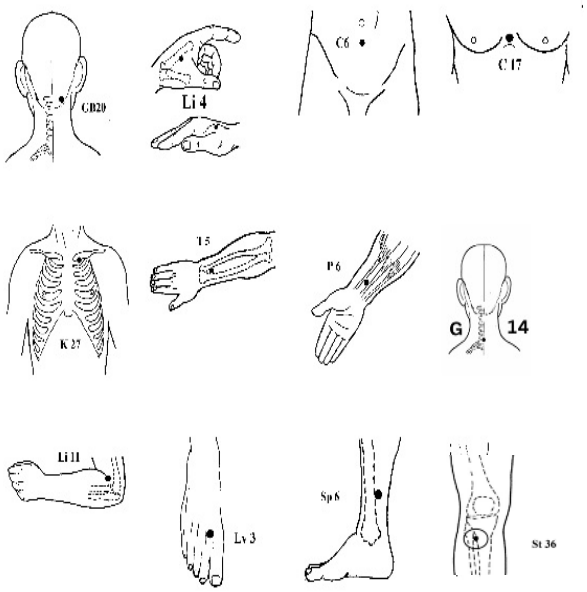
Research studies suggest that acupressure helps cold and flu by decreasing your risk of getting a cold, the flu or new viruses in the first place. So using acupressure as prevention is a good idea, especially in this pandemic. If you do get sick with covid or the flu, acupressure can also help manage your symptoms and support faster healing including shortening the length and severity of the illness.

Stimulate these points at least twice a day. It only takes about six minutes when you use two toothbrush handles or your fingers as described in the virus manual. Find the general area of the point and press until you find a sensitive spot. Then hold that spot for 30 seconds to a minute. See the manual for the best point combinations. This works best for prevention. If you think you have covid-19 or the flu you should also do the points in the manual for influenza or any specific symptom you have. In the free study you will be required to view some videos to learn acupressure, do points 15 minutes a day and respond to short emails weekly on your progress. All information is confidential and will never be used to try to sell you something. If you want to just get the book and **Co-Op** links, (and not be in the study) join the trial membership for $2.

This flyer and your temporary membership in the **Acupressure Co-Op**, which you get by being part of this study, are free so you have the chance to heal and learn about our program. If you are unhappy with your current health care program, are uninsured or under insured, our plan is for you. You will easily learn everything you need to practice acupressure for over 4000 conditions. This is a **Co-Op** because it asks our members to share their success in healing themselves. We need your help to spread the word and make this happen. Regular yearly membership is $5. Welcome:
www.acupressurecoop.com
www.stress-away.com/order

DAILY POINTS

Pregnant women should avoid using points Sp6, Li4 St36 & C6



GB20 This point is right under and against the base of the skull, in the two small muscular grooves at the back of the neck, two to three inches apart depending on the size of the head.

LI04 On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone. If Li4 makes you dizzy, see G26 in manual.

LI11 On the extreme end of the outer crease of the elbow. Bend your arm tightly and place your Acu-Ki on the end of the crease. Keep your massager in place while opening the arm and stimulate the point on your relaxed arm downward toward your forearm.

G14 On the spine, in the valley between the lowest cervical and the highest dorsal vertebrae, on imaginary line drawn between the tips of the shoulders.

LV03 Two thumb widths above the separation between the biggest and second toes, on the top side of the foot.

SP06 The width of one hand (3 thumbs) above the crown of the inner ankle, just behind the shin bone on the front of the leg.

ST36 The width of one hand (3 thumbs) below the bottom of the kneecap, and the width of one thumb toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.

T05 The width of two thumbs above the most prominent crease of the upper wrist, in line with the middle finger. On the outside of the forearm.

C06 1.5 thumb width below the navel.

C17 In men, on the mid-line of the chest between the two nipples. In women, on the mid-line of the chest between the fourth and fifth ribs.

K27 In the hollow below the collarbone next to the breastbone 2 thumb widths from the chest midline.

P6 The width of two thumbs above the most prominent crease on the inner wrist, in line with the middle finger.