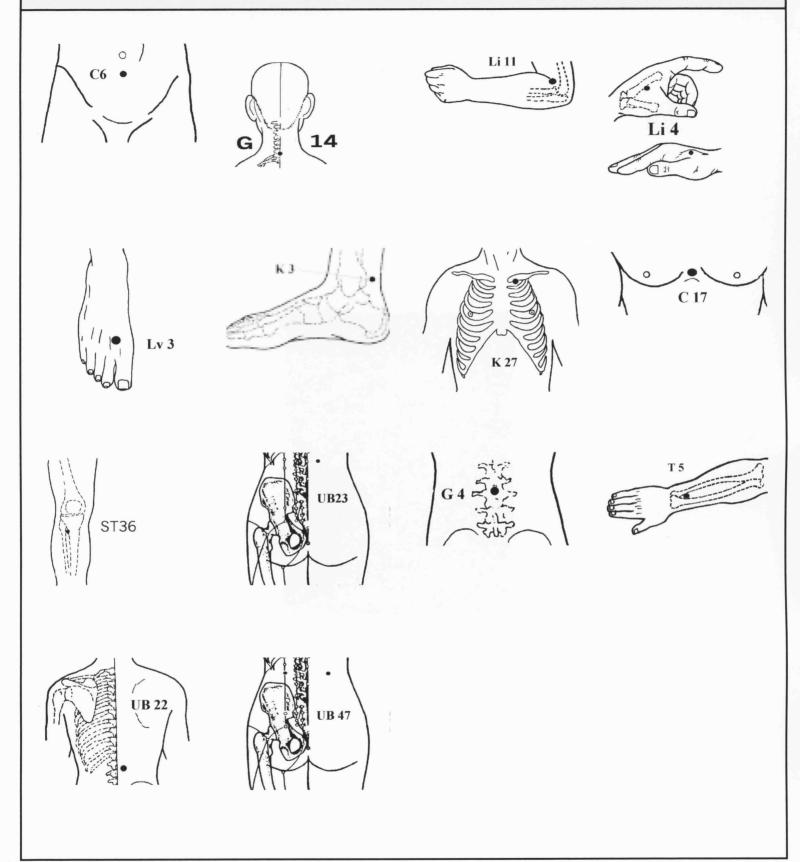
## AcuPoint Analysis IMMUNE SYSTEM BOOST\*

## **Points**



## AcuPoint Analysis IMMUNE SYSTEM BOOST\*

(DESCRIPTIONS)

Description
1.5 Cun below the navel.
On the spine, in the valley between the lowest cervical and the highest dorsal vertebrae, on an imaginary line drawn between the tips of the shoulders.
On the extreme end of the outer crease of the elbow. Bend your arm tightly and place your Acu-Ki on the end of the crease. Keep your massager in place while opening the arm and stimulate the point on your relaxed arm downward toward your forearm.
On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
Two cun above the separation between the biggest and second toes, on the top side of the foot.
The width of two thumbs above the crown of the inner ankle, still on the inner side of the leg, but almost to the rear of the leg. Do not strongly stimulate this point after the third month of pregnancy.
In the hollow below the collarbone next to the breastbone 2 thumb widths from the chest midline.
In men, on the mid-line of the chest between the two nipples. In women, on the mid-line of the chest between the fourth and fifth ribs.
The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
1.5 cun from the spine on a level between the 2nd and 3rd lumbar vertebra level with the waist. Easily stimulated with the Back-eze.
On the spine atop the third lumbar vertebra, in line with the waist on a "normal-waisted" person.
The width of two thumbs above the most prominent crease of the upper wrist, in line with the middle finger. On the outside of the forearm.
1.5 cun from the spine midline, on a level between the 1st and 2nd lumbar vertebra. 1.5 cun above the waist line. Easily stimulated with the Back-eze.
3 cun from the spine midline, level with the third lumbar vertebra. On a level with the waist line on a 'normal-waisted' person.