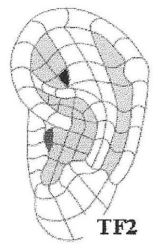
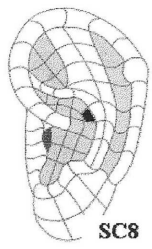
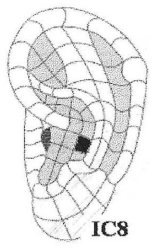
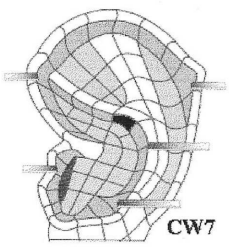
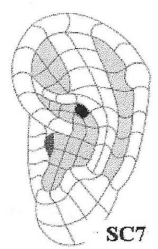
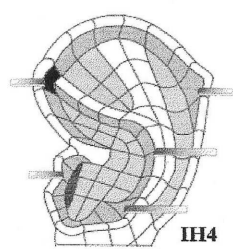
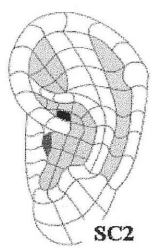
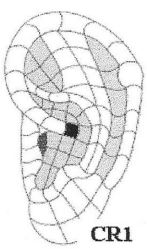
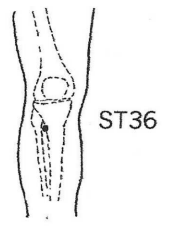
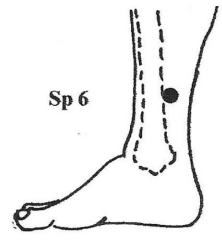
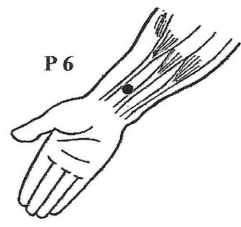
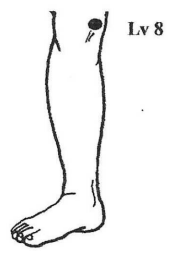
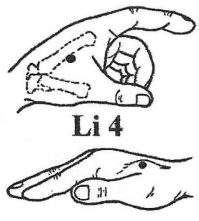
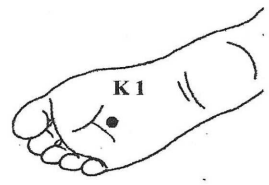
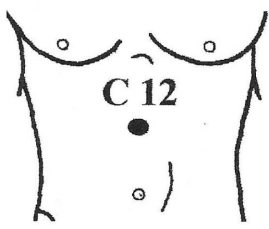
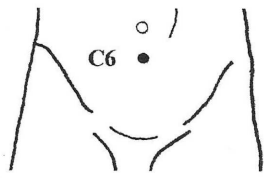


INDIGESTION



- C06** 1.5 Cun below the navel.
- C12** 4 cun above the navel, along the mid-line.
- K01** On the bottom of the foot, in the middle, just behind the ball (the most padded forward part).
- LI04** On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
- LV08** On the inside of the knee, where the crease ends when the knee is bent.
- P06** The width of two thumbs (2 Cun) above the most prominent crease on the inner wrist, in line with the middle finger.
- SP06** The width of one hand (3 thumbs) above the crown of the inner ankle, just behind the shin bone on the front of the leg.
- ST36** The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
- ECR01** STOMACH
- ESC02** SMALL INTESTINES, APPENDIX, OMEGA 1, ALCOHOLIC POINT
- EIH04** AUTONOMIC POINT, SYMPATHETIC POINT, URETER .F
- ESC07** PANCREAS, ASCITES POINT
- ECW07** THYMUS GLAND, THORACIC SYMPATHETIC GANGLIA
- EIC08** SPLEN .C (LEFT EAR), MUSCLE RELAXATION POINT
- ESC08** GALL BLADDER (RIGHT EAR), SPLEEN .F (LEFT EAR)
- ETF02** Master Point 1, (Shen Men), French Hip, Chinese Shen Men (Divine Gate), Pelvic Cavity, French Wonder Point. Located in the middle of the 2st zone of the Triangular Fossa. This master point alleviates pain, tension, anxiety, and depression.