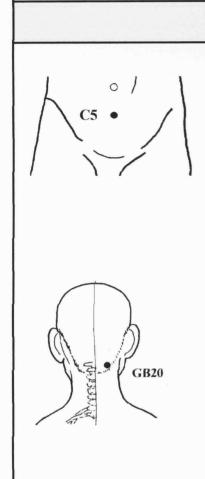
AcuPoint Analysis HANGOVER*

Points





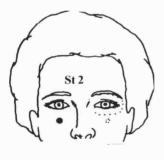




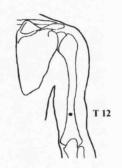


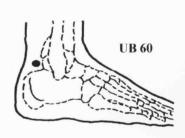












AcuPoint Analysis HANGOVER*

(DESCRIPTIONS)

Point	Description
C05	2 cun below the navel.
G20	On the midpoint of the skull on a line connecting the tops of the ears.
G23	On the midline of the skull 1 cun within the front hairline.
GB04	Within the hairline of the temporal region on the head, midway between the ear and the edge of the eye. 3.5 cun from the apex where the ear joins the skull.
GB20	This point is right under and against the base of the skull, in the two small muscular grooves at the back of the neck, two to three inches apart depending on the size of the head.
K01	On the bottom of the foot, in the middle, just behind the ball (the most padded forward part).
LI04	On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
SI01	Just behind the inside corner of the nail of the smallest finger (direction toward the other fingers).
ST02	One-half thumb width below the center of the lower eye ridge in an indentation of the cheek.
ST08	Overlying the frontal eminence, horizontally along the skin. 0.5 cun inside the hairline 4 cun from the center line of the skull.
T12	On the back of upper arm in the tricep muscle about 5.5 cun from the tip of the elbow bone.
UB60	In the hollow (or valley) behind the crown of the outer ankle.