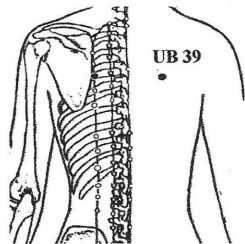
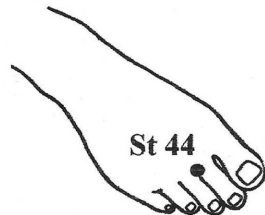
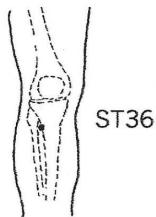
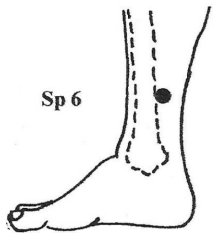
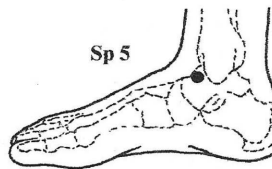
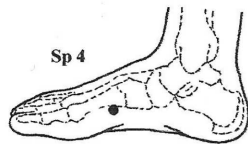
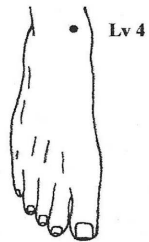
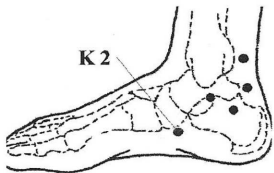


# GOUT



- K02** On the inner edge of the foot, the width of one hand forward (direction of the toes) from the tip of the heel.
- LV04** On the top of the foot, where the foot meets the leg, in line with the second toe.
- SP04** On the inner edge of the foot two cun from the large bulging joint where the big toe joins the foot.
- SP05** 1 cun in front of the inner ankle bone crown.
- SP06** The width of one hand (3 thumbs) above the crown of the inner ankle, just behind the shin bone on the front of the leg.
- ST36** The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
- ST44** Just behind the separation between the second and third toes.
- UB39** 3 cun from the spine midline, on the middle inside border of the scapula on the level between the 5th & 6th thoracic vertebrae. At about the level of the heart.

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