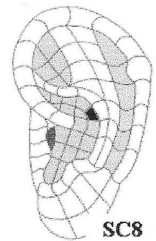
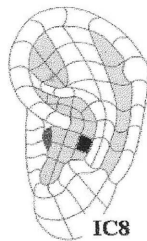
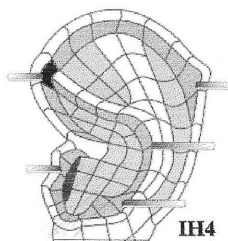
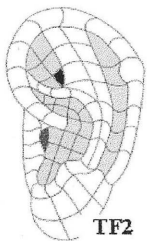
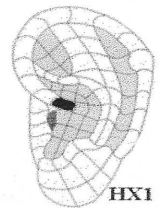
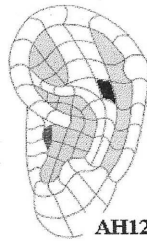
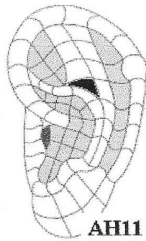
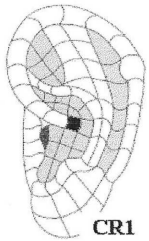
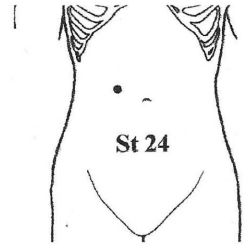
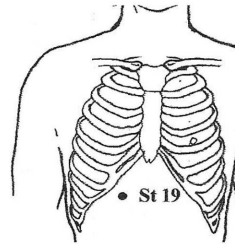
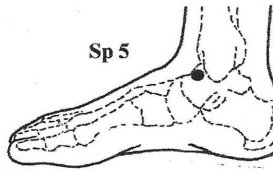
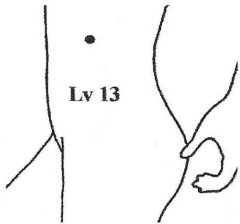
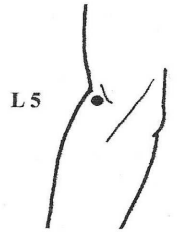
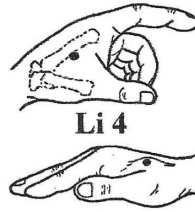
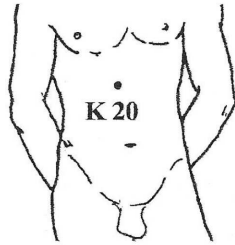
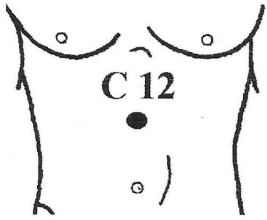


# GASTRITIS



- C12** 4 cun above the navel, along the mid-line.
- K20** The width of 5 thumbs above the navel and one thumb to either side of the abdominal mid-line.
- LI04** On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
- LU05** In the hollow, but more toward the outside (direction of the thumb) of the inner elbow crease.
- LV13** On the side of the abdomen at the free end of the 11th floating rib.
- SP05** 1 cun in front of the inner ankle bone crown.
- ST19** 6 cun above the umbilicus, 2 cun laterally from the midline.
- ST24** 1 cun above the navel, 2 cun lateral from the midline.
- ECR01** STOMACH
- EAH11** ABDOMEN, LUMBAGO (LUMBODYNIA) POINT, HEAT POINT
- EAH12** ABDOMEN
- EHX01** Master Point 0, Point of Support, Solar Plexus, Umbilical Cord, Penis, or Clitoris, Sexual Desire, Bosch Point, Diaphragm, Hiccups. Located in a notch at the beginning of the Helix Root. This point brings the whole body toward a state of homeostatic balance
- ETF02** Master Point 1, (Shen Men), French Hip, Chinese Shen Men (Divine Gate), Pelvic Cavity, French Wonder Point. Located in the middle of the 2st zone of the Triangular Fossa. This master point alleviates pain, tension, anxiety, and depression.
- EIH04** AUTONOMIC POINT, SYMPATHETIC POINT, URETER .F
- EIC08** SPLEN .C (LEFT EAR), MUSCLE RELAXATION POINT
- ESC08** GALL BLADDER (RIGHT EAR), SPLEEN .F (LEFT EAR)