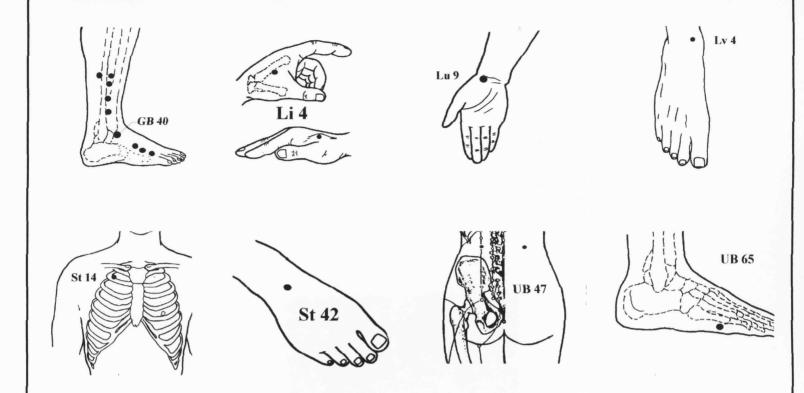
AcuPoint Analysis FOOD POISONING

Points



GB40 The width of one thumb directly in front of the crown of the outer ankle, in the valley that is just ahead of the crown.

On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.

LU09 On the crease closest to the hand of the inner wrist, in line with the thumb.

LV04 On the top of the foot, where the foot meets the leg, in line with the second toe.

ST14 The width of two thumbs above and in line with, the nipples. This point should not be used on a female.

ST42 On the top of the foot, midway between where the foot joins the leg and the toes, in line with the second toe.

UB47 3 cun from the spine midline, level with the third lumbar vertebra. On a level with the waist line on a 'normal-waisted' person.

UB65 Just behind the bony prominence located to the rear of the smallest toe, on the outside edge of the foot.