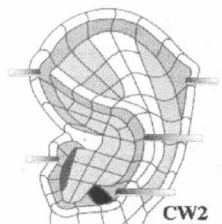
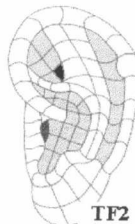
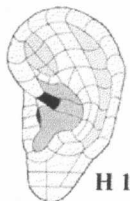
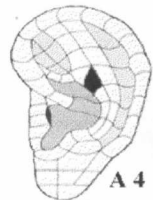
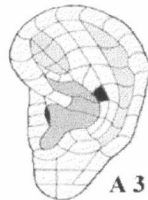
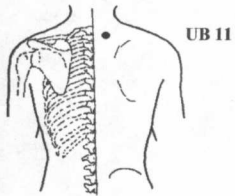
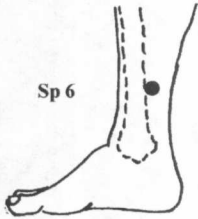
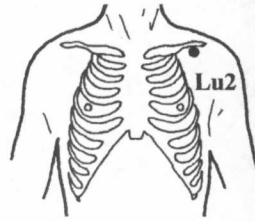
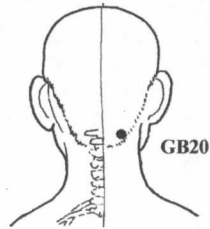
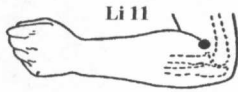


AcuPoint Analysis FIBROMYALGIA*



- LI04** On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
- LI11** On the extreme end of the outer crease of the elbow. Bend your arm tightly and place your Acu-Ki on the end of the crease. Keep your massager in place while opening the arm and stimulate the point on your relaxed arm downward toward your forearm.
- GB20** This point is right under and against the base of the skull, in the two small muscular grooves at the back of the neck, two to three inches apart depending on the size of the head.
- LU02** Just below the collarbone (clavicle) in the hollow where the arms join the body.
- SP06** The width of one hand (3 thumbs) above the crown of the inner ankle, just behind the shin bone on the front of the leg.
- LV03** Two cun above the separation between the biggest and second toes, on the top side of the foot.
- ST36** The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
- GB34** Slightly below the level of the bottom on the kneecap, on the outer side of the leg, in the slight depression formed when the knee is completely straight. Forward of a line to the crown of the outer ankle.
- UB11** 1.5 Cun from the spine midline, 1 cun below a line level with the top of the shoulder blades. Easily stimulated with the Back-eze.
- GB21** On the top of the shoulder, one to two inches from the side of the neck.
- EA03** Upper Thoracic Vertebra. Located in the 3rd Antihelix Zone.
- EA04** Mid-Thoracic Vertebrae, Chinese Lumbar Vertebrae, French Heart Point. Located in the 4th zone of the Antihelix Zone.
- EA07** Lower Lumbar Vertebrae, Sciatic Nerve, Sciatica, Ischium. Located on the 7th zone of the Antihelix.
- EH01** Master Point 0, Point of Support, Solar Plexus, Umbilical Cord, Penis, or Clitoris, Sexual Desire, Bosch Point, Diaphragm, Hiccups. Located in a notch at the beginning of the Helix Root. This point brings the whole body toward a state of homeostatic balance.
- ECW02** THALAMUS POINT, SUBCORTEX (DERMIS), THALAMIC NUCLEI, EXCITEMENT POINT, SALIVARY GLAND
- ETF02** Master Point 1, (Shen Men), French Hip, Chinese Shen Men (Divine Gate), Pelvic Cavity, French Wonder Point. Located in the middle of the 2st zone of the Triangular Fossa. This master point alleviates pain, tension, anxiety, and depression.