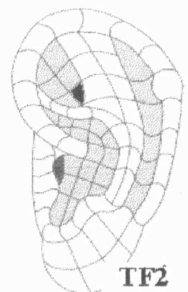
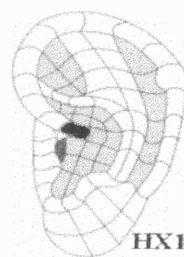
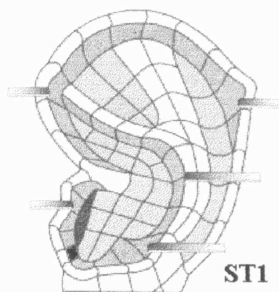
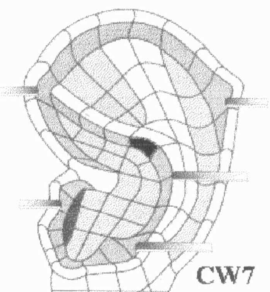
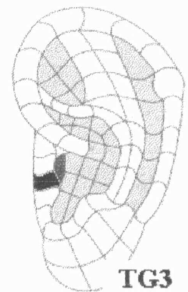
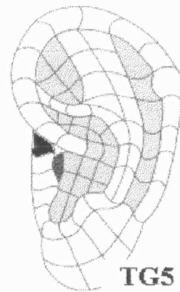
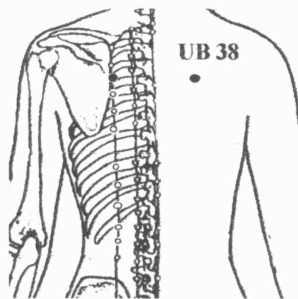
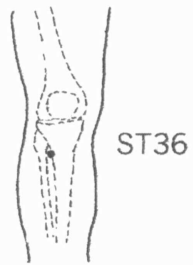
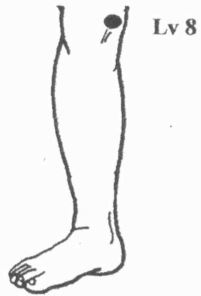
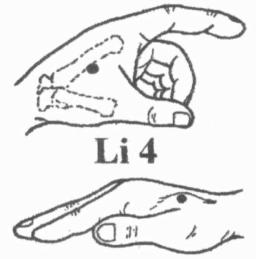
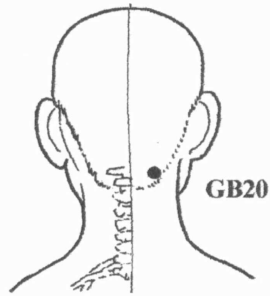
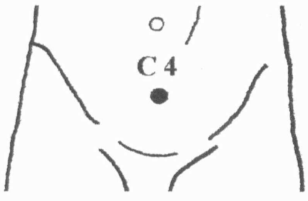


AcuPoint Analysis FATIGUE CHRONIC SYNDROM*



- C04** 3 cun below, and in line with the navel.
- C06** 1.5 Cun below the navel.
- GB20** This point is right under and against the base of the skull, in the two small muscular grooves at the back of the neck, two to three inches apart depending on the size of the head.
- LI04** On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
- LI11** On the extreme end of the outer crease of the elbow. Bend your arm tightly and place your Acu-Ki on the end of the crease. Keep your massager in place while opening the arm and stimulate the point on your relaxed arm downward toward your forearm.
- LV08** On the inside of the knee, where the crease ends when the knee is bent.
- P06** The width of two thumbs (2 Cun) above the most prominent crease on the inner wrist, in line with the middle finger.
- SP06** The width of one hand (3 thumbs) above the crown of the inner ankle, just behind the shin bone on the front of the leg.
- ST36** The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
- UB38** 3 Cun from the spine midline, level with the fourth thoracic vertebra. Between the shoulder blade and the spine 4 cun below a line drawn between the tips of the shoulders.
- ETG05** Chinese External Ear, Apex of Tragus, Cardiac Point. Located on the 5th zone of the Tragus.
- ETG03** Master Point 6: Stress Control Point, Allergy Point, Chinese External Nose, Appetite Control (Hunger Point), Chinese Adrenal (Suprarenal) Gland, Corpus, Callosum. Located on the 3rd zone of the Tragus. This master point activates ACTH and corticosteroid hormones to facilitate the body's response to chronic stress.
- ECW07** THYMUS GLAND, THORACIC SYMPATHETIC GANGLIA
- EST01** ACTH
- EHX01** Master Point 0, Point of Support, Solar Plexus, Umbilical Cord, Penis, or Clitoris, Sexual Desire, Bosch Point, Diaphragm, Hiccups. Located in a notch at the beginning of the Helix Root. This point brings the whole body toward a state of homeostatic balance
- ETF02** Master Point 1, (Shen Men), French Hip, Chinese Shen Men (Divine Gate), Pelvic Cavity, French Wonder Point. Located in the middle of the 2st zone of the Triangular Fossa. This master point alleviates pain, tension, anxiety, and depression.