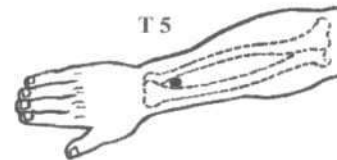
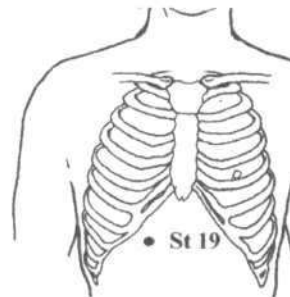
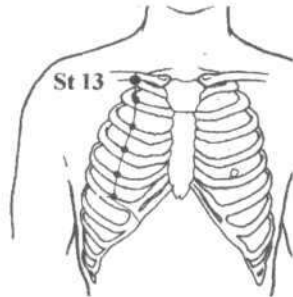
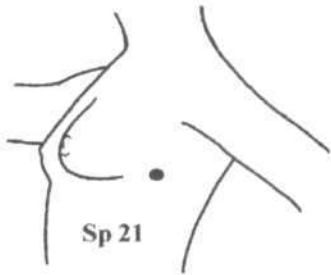
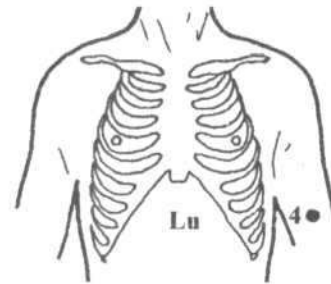
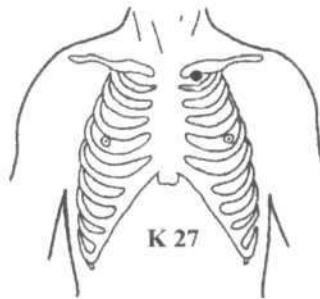


AcuPoint Analysis CHEST PAIN



- H08** On the first skin crease on the palm between the fourth and fifth metacarpal bones. When a fist is made, the point is where the tip of the little finger rests.
- K27** In the hollow below the collarbone next to the breastbone 2 thumb widths from the chest midline.
- LI04** On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
- LU04** On the middle outside of the upper arm, 5 cun above LU05 which is at the elbow joint. Note from the picture how the arm is held to find this point.
- SP21** 6 cun from the center of the armpit on the side of the chest.
- ST13** Just below the collarbone (clavicle), in line with the outside edges of the neck or a centerline through the breast.
- ST19** 6 cun above the umbilicus, 2 cun laterally from the midline.
- T05** The width of two thumbs above the most prominent crease of the upper wrist, in line with the middle finger. On the outside of the forearm.