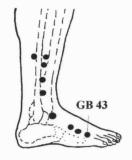
## AcuPoint Analysis ATHLETE'S FOOT\*

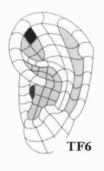
## **Points**



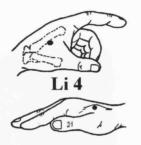




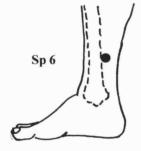
















## AcuPoint Analysis ATHLETE'S FOOT\*

(DESCRIPTIONS)

Point	Description
EA16	Chinese Toes, French Thumb. Located on the 16th zone of the Antihelix.
EA17	Chinese Heel and Ankle. Located in the 17th zone of the Antihelix Zone.
ETF05	French Heel and Ankle, Chinese Uterus. Located on the 5th zone of the Triangular Fossa.
ETF06	TOES .F, HYPERTENSION 1, (DEPRESSING POINT)
GB43	On top of the foot .5 cun from the skin crease between the fourth and smallest toes.
H01	In the middle of the armpit.
LI04	On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
LI11	On the extreme end of the outer crease of the elbow. Bend your arm tightly and place your Acu-Ki on the end of the crease. Keep your massager in place while opening the arm and stimulate the point on your relaxed arm downward toward your forearm.
SP06	The width of one hand (3 thumbs) above the crown of the inner ankle, just behind the shin bone on the front of the leg.
ST36	The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
UB23	1.5 cun from the spine on a level between the 2nd and 3rd lumbar vertebra level with the waist. Easily stimulated with the Back-eze.